

**Sunday, August 9, 2020**  
**9th Sunday after Pentecost - Tone 8**  
Afterfeast of the Transfiguration

Troparion:

Thou didst descend from on high, O Merciful One! Thou didst accept the three-day burial to free us from our sufferings! O Lord, our Life and Resurrection: glory to Thee!

Thou wast transfigured on the Mount, O Christ God, revealing Thy glory to Thy disciples as far as they could bear it. Let Thine everlasting light shine upon us sinners! Through the prayers of the Theotokos, O Giver of Light, glory to Thee!

O Blessed Father Herman of Alaska, North Star of Christ's Holy Church, the light of your holy life and great deeds, guides those who follow the Orthodox Way. Together we lift high the Holy Cross, you planted firmly in America. Let all behold and glorify Jesus Christ, singing His Holy Resurrection.

Kontakion:

By rising from the tomb, Thou didst raise the dead and resurrect Adam. Eve exults in Thy Resurrection, and the world celebrates Thy Rising from the dead, O greatly Merciful One!

On the mountain wast Thou transfigured, O Christ God, and Thy disciples beheld Thy glory as far as they could see it; so that when they would behold Thee crucified, they would understand that Thy suffering was voluntary, and would proclaim to the world that Thou art truly the Radiance of the Father.

Prokeimenon in the 8th Tone:

Pray and make your vows before the Lord our God!  
(Vs.) In Judah God is known; His name is great in Israel!

Tone 7 (St. Herman):

Precious in the sight of the Lord is the death of His saints.

Epistle:

The reading from the Epistle of the Holy Apostle Paul to the Corinthians. (1 Cor. 3:9-17)

Brethren, for we are God's fellow workers; you are God's field, you are God's building. According to the grace of God which was given to me, as a wise master builder I have laid the foundation, and another builds on it. But let each one take heed how he builds on it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is. If anyone's work which he has built on it endures, he will receive a reward. If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire. Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. If a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ. (Gal 5:22-6:3)

Alleluia Verses:

Come let us rejoice in the Lord! Let us make a joyful noise to God our Saviour!

(Vs.) Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms!

Tone 6 (St. Herman):

Blessed is the man who fears the Lord, who greatly delights in His commandments.

Gospel:

The Holy Gospel According to St. Matthew. (Chapter 14:22-34)

At that time Jesus made His disciples get into the boat and cross the sea ahead of Him, while He dismissed the crowd. And when He had dismissed the crowd, He went up the mountain alone to pray. And when it was late, He was there alone, but the boat was in the midst of the sea, buffeted by the waves, for the wind was against them. But in the fourth watch of the night Jesus came to them, walking upon the sea. And the disciples, seeing Him walk upon the sea, were greatly alarmed, and exclaimed, "It is a ghost!" And they cried out for fear. Then Jesus immediately spoke to them, saying, "Take courage; it is I, do not be afraid." But Peter answered Him and said, "Lord, if it is you, order me to come to you over the water." And He said, "Come." Then Peter got out of the boat and walked on the water to come to Jesus. But when he saw the strong wind, he was afraid; and as he began to sink he cried out, saying, "Lord, save me!" And Jesus at once stretched out His hand and took hold of him, saying to him, "O you of little faith, why did you doubt?" And when they got into the boat, the wind fell. But those who were in the boat came and worshipped Him, saying, "Truly you are the Son of God." And crossing over, they came to the land of Gennesaret.

At that time Jesus took His stand on a level stretch, with a crowd of His disciples, and a great multitude of people from all Judea and Jerusalem, and the sea coast of Tyre and Sidon, who came to listen to Him and to be healed of their diseases. And those who were troubled with unclean spirits were cured. And all the crowd were trying to touch Him, for power went forth from Him and healed all. And He lifted up His eyes to His disciples, and said, "Blessed are you poor, for yours is the kingdom of God. Blessed are you who hunger now, for you shall be satisfied. Blessed are you who weep now, for you shall laugh. Blessed shall you be when men hate you, and when they shut you out, and reproach you, and reject your name as evil, because of the Son of Man. Rejoice on that day and exult, for behold your reward is great in heaven." (Luke 6:17-23)